

Week's schedule & events



www.olang.info

19.05. - 26.05.2012



Every Week

Music 360°

Dancemusic by Dj Walter Gardini from Radio Capital

place: Tolder Club/ Valdaora di Mezzo; opening hours: Friday & Saturday/ 09.00 pm - 03.00 am

Our Pubs are glad to welcome You

Bacher Bistro, Bar Olaga, Cafè Parc, Vinotek Toni, Pub Keil, Terazza Lounge Am Park, K-Fee Krempe



Qi Gong & Yoga lessons

Daily Qi Gong & Yoga lessons in Valdaora **inscription:** Yoga tel. 340 3644547, Qi Gong tel. 339 7755654

Monday, 21.05.2012



Nordic Walking - Meadows of Valdaora/Olang

Get to know Valdaora by walking - meadows of Valdaora/Olang; **start:** 10.00 am Tourist Info Valdaora; **duration:** approx. 2 hours; **costs:** € 14,00 (free for guests of the Nordic Walking Partner companies & owners of the DolomitiSuperSummer Card), min. 3 pers. (limited attendance), Nordic Walking-sticks inklusive - while stocks last; **special:** If you participate in all three days you will get a certificate, a souvenir photo and a present **registration:** until Monday 09.00 am, Tourist Info Valdaora, tel. +39 0474 496277 (please bring running shoes, drinks, sun block)



Herbal Hike at Valdaora/Olang

meeting point: 02.00 p.m. Tourist Info Valdaora; **duration:** approx. 2 hours; **costs:** € 8,00 (free of charge for owners of the DolomitiSuperSummer Card), min. 3 pers., max: 15; **inscription:** until Monday 10.00 am, Tourist Info Valdaora, tel. +39 0474 496277

Tuesday, 22.05.2012



Guided Hiking Tour - Circular Route in the natural parc Ries-Aurina

Circular Route in the natural parc Ries-Aurina - Wielenberg - earth pillar - Oberwielenbach, **altitude difference:** 400 m, **difficulty:** easy Meeting Point: 10.00 a.m. Tourist Info Olang, drive by own car **Duration:** approx. 3 hours, **min number:** 3 pers. (limited attendance), Subject to modifications; **food:** Self-catering, strong high boots; **Costs:** free for owners of the Dolomiti Super Summer Card, € 8,00 for guests of Olang, Other: € 10,00; **inscription:** until Monday 05.00 pm, Tourist Info Valdaora/Olang, tel: 0474 496277

Wednesday, 23.05.2012



Nordic Walking - Old venetian sawmill "Lipper"

Get to know Valdaora/Olang by walking - old venetian sawmill "Lipper"; **start:** 10.00 am Tourist Info Valdaora; **duration:** approx. 2 hours; **costs:** € 14,00 (free for guests of the Nordic Walking Partner companies & owners of the DolomitiSuperSummer Card), min. 3 pers. (limited attendance), Nordic Walking-sticks inklusive - while stocks last; **special:** If you participate in all three days you will get a certificate, a souvenir photo and a present **registration:** until Tuesday 05.00 pm, Tourist Info Valdaora, tel. +39 0474 496277 (please bring running shoes, drinks, sunblock)



Bike Shuttle Tour with Rent and go - Day trip

meeting Point: 09.00 am, Rent and Go, Valdaora di Mezzo/Mitterolang - with a shuttle bus we drive to the trip goal Pragser Wildsee Lake, afterwards with the bicycle the way back; **distance:** 20 km; **costs:** 28,00 € (free of charge for owners of the DolomitiSuperSummer Card & BikeWeeks Card); **registration:** until Tuesday 05.00 pm Tourist Info Valdaora, tel. +39 0474 496277



Bread baking

With our baker we show you how to make the bread which is typical for South Tyrol.

meeting point: Schlosserhof, Valdaora di Sopra/Oberolang 12.00 am (introduction approx. 30 min.); 02.00 pm bake course for approx. 2 hours; **costs:** € 10,00 (free of charge for owners of the DolomitiSuperSummer Card), min. 3 pers., max. 12 pers.; **registration:** until Tuesday, 05.00 pm Tourist Info Valdaora, tel. +39 0474 496277 (limited attendance)



Thursday, 24.05.2012

Guided Hiking Tour - Dolomites of Braies

Prato Piazza - Rif. Vallandro - Mount Specie (2307 m), **altitude difference:** 300 m, **difficulty:** easy **Meeting Point:** 10.00 a.m. **Tourist Info Olang**, drive by own car **Duration:** approx. 3 hours, **min number:** 3 pers. (limited attendance), Subject to modifications **Food:** Self-catering & tavern, strong boots **Costs:** free for owners of the Dolomiti Super Summer Card, € 8,00 for guests of Olang, Other: € 10,00 **Inscription:** until Wednesday 05.00 p.m., Tourist Info Olang Tel: 0474 496277



Friday, 25.05.2012

Historic themed excursion through Valdaora/Olang

Guided Historic Themed Excursion through Valdaora/Olang to the most important historic & cultural points; **meeting Point:** 10.00 am Tourist Board Valdaora, min. 3 pers.; duration: approx. 2 hours; **costs:** € 8,00 (free of charge for owners of the DolomitiSuperSummer Card); **registration:** until Thursday 05.00 pm, Tourist Info Valdaora, tel. +39 0474 496277



Nordic Walking - Alp Tour

Get to know Valdaora by walking - Alp Tour; **start:** 09.00 am Tourist Info Valdaora; **duration:** approx. 3 hours; **costs:** € 16,00 (free of charge for guests of the Nordic Walking Partner companies & owners of the DolomitiSuperSummer Card), min. 3 pers. (limited attendance), Nordic Walking-sticks inklusive - while stocks last; **special:** If you participate in all three days you will get a certificate, a souvenir photo and a present **registration:** until Thursday 05.00 pm, Tourist Info Valdaora, tel. +39 0474 496277 (please bring running shoes, drinks, sunblock)

Valdaora di Mezzo



Saturday, 26.05.2012

Concert in Valdaora di Mezzo

Concert of the music band Peter Sigmayr

Place: Congress House Valdaora di Mezzo **Begin:** 20.30



Sonntag, 27.05.2012

Local resident party

with bavarian breakfast & music

Place: Bar Tennis Valdaora di Sotto **Begin:** 10.00



Internet Surfpoint in the Tourist Info Valdaora/Olang

At the Surfstation or with own Laptop in a circuit of 130 ft usable with a valid ticket; prices: 1 h= 1,00 € from Monday - Friday and Saturday during the opening hours of the office, with the own PC even outside opening hours



Journeys - Bus Trips

Tuesday, 22.05.2012

Meran & gardens of Trauttmansdorf Castle

€ 47,00 per person (kids € 23,50)

Start from Valdaora/Olang 7.40 am

Other journeys on request!

Informations & registration
at the Tourist Info Valdaora
tel. +39 0474 496277